

Moments of Forever

To be captured in an immeasurable instant of bliss.
To drink ice cold water on the hottest of days I miss.
To look forever in the eyes of my soulmate as we kiss.
To feel the adrenaline rise like a tidal wave is this.

To be more awake with every nerve vibrating so strong,
to be trapped in the purest note of the best of song.
To hear a musical flute rise high and carry me along,
to be painted in to the canvas of life, for this I long.

These are but a few things that make me feel best,
all which blossom passions' flower, awaken my zest.

JAKE

North Dakota

Thank You FOR READING!

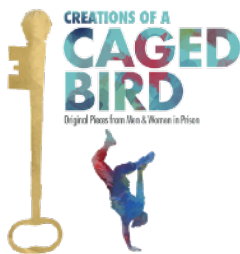
Below are some thoughts to reflect on from this piece. Feel free to also use one as a conversation starter with a fellow reader, or even a loved one on the outside!

Try calling up some memories of your own that remind you of moments of zest. Think about hearing a favorite song, sharing a treasured kiss, seeing joy in a child's eyes, or other examples. Then try putting these together in a poem with regular rhythm and rhymes.

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

**Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.*

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(Volume 1 & 2)



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