

Brave Heart

Knowledge of self is essential in acquiring courage. Become your own best friend and confidant. I know it's unmanly to be in tune with your emotions, at least that's what we were taught. However, get in touch with your inner feelings, search the heights and depths of your soul for the true you, the younger you before the world told you who to be and how to think.

Courage is the strength to charter forbidden waters, the driving force to discover the unknown. Courage tamed, knowledge sought and obtained and directed to a positive end is equivalent to a man building a house, who dug deep and laid a foundation on the rock. And when the flood arose, the stream beat vehemently against the house and could not shake it, for it was founded on rock!

Bravery isn't the fearless acts of violence and debauchery, but quite the opposite. Gandhi was brave for standing in the face of the British empire with none no gun or power, possessing only courage, faith, and the will to end oppression, much like the forefathers of America. Have the courage to be different, to fly against the wind, not for the sake of rebellion, but for the sake of truth and righteousness. Strive to be brave and stay steadfast in what you believe is right and stake everything on that belief. Undoubtedly the streams will beat vehemently against the house, but they will not so much as shake it, for it was founded on rock.

PAUL K
Pennsylvania

Thank You FOR READING!

Below are some questions to reflect on from this piece. Feel free to also use one as a conversation starter with a fellow reader, or even a loved one on the outside!

Who are your favorite heroes with truly "brave hearts" – people like Mahatma Gandhi, Dr. Martin Luther King, Jr., and others, who fought bravely and without violence?

What are some ways that we can all try to emulate these heroic leaders' bravery?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

**Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.*

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