

TILTED

At first glance, my opinion is already made
This person is an abuser, loser, user and a confuser
All stemming from my lifeline experiences
My thinking at times is tilted
Clouded from the abusive past
I've been trying to change my judgmental views
Seeing this ever changing world in a spiritual sense
By doing so, the clouds are becoming transparent
I'm not waived by society's pressure anymore
Freeing myself from the unforgiveness
Finally seeing the truth through the clear looking glass
Humanity understood

Larry N. S.
Pennsylvania

Thank You FOR READING!

Below are some questions to reflect on from this piece. Feel free to also use one as a conversation starter with a fellow reader, or even a loved one on the outside!

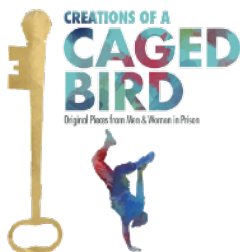
Have you found ways to "free yourself from unforgiveness"?

When you forgive others, and yourself, how does this improve your own thinking and judgment?

We'd love to hear what you thought of the piece, or if you've had any meaningful conversations as a result. Or perhaps you'd like to share an expression of your own (visual art or creative writing). You are always welcome to write to us at Shining Light at P.O. Box 267, Annville, PA 17003.

**Note: We will not be able to provide a response to your letter or receipt of your submission, but know that we value your feedback and contributions and will take them seriously.*

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